

Thai Massage Training

Enhance your Yoga, Massage, and Lifestyle

480-241-4484 | **SECOND HEART YOGA** | 4520 E. Thomas Rd



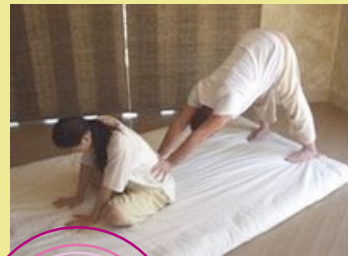
Thai Yoga/Massage NCBTMB CE Approved RYT CE Available

April 23, 24, 25, 2010

GABRIEL AZOULAY

גבריאל אזולאי

**Cost:
\$275**



Thai Yoga/Massage is one of the fastest growing modalities in the **Yoga** and **Massage** fields today. A practice that fosters movement, joint mobilization and enhanced body postures, this is an incredible therapy for both client and giver.

You will leave with a greater appreciation to the complexity of the body, how to identify and provide relief for tension, texture and alignment. Whether you are a **body worker** or a **Yoga professional**, these two days will give you greater confidence to work with your clients and students.

Outside of learning a 60 minute full body dance routine, you will also learn:

Friday 6pm - 9pm - What is Thai Massage? History, application and modern influences. Principles of body mechanics, connection and how to heal your body.

Saturday 9am - 6pm - Modern concept in an ancient modality: BMT, Joint Pumping and Pin & Stretch. Body posture, applications for therapist, and how to adapt the practice to your yoga or table profession.

Sunday 9am - 6pm – Tying it all together – how to take the Thai Massage to your daily life and practice – questions and answers revealed, how to apply the postures, with whom and how often. Thai Massage is extremely accessible, to be shared with students, friends and any one looking to put a smile on their face.

If you are looking to take your practice to the next level, Gabriel's teaching pave the way! I learned so much, thank you! - Debbie

I did not think I would use the Thai techniques on the table, but Gabriel was able to show me how easy it would be, and it has clients coming back asking for the Thai moves. - Yee

Gabriel Azoulay is an innovator in the field who has been teaching for 15 years. He has spent over 2 years in Thailand studying with Thai Massage master Pichest Boonthume. Gabriel is one of the speakers in this summer's Thai Healing symposium in Washington, DC.

Roberto Paredes, BA, LMT has operated his successful private practice in AZ for over 9 years providing relief and healing to patients of all ages.



www.gabrielazoulay.com

www.youtube.com/gabytzvi

